

The patient should meet the following criteria which must be considered by the clinical team and/or MDT (and recorded):

The criteria may be relaxed IF local risk assessment discussed by the team and/or MCRG deems surgery to be of greater benefit than the risk – and the patient agrees and consents to surgery.

Covid-19 General Admission Criteria

The risk assessment should consider:

- The level of COVID-19 locally.
- The ability of the unit to offer a green pathway for surgery, and should the green pathway be broken – the ability to mitigate risk in that situation.

If the risk is considered to be significant the following risk factors should be taken into account:

- Age
- Ethnicity – Black, Asian Minority Ethnic
- Co-morbidities e.g. BMI, diabetes,
 - BMI < 40kg/m²
 - Current smokers or vaping
 - ASA score I or II
 - ASA III patients must be stable and will need Anaesthetic / MDT risk assessment before decision to list.
- Social circumstances
 - No complex social issues that may delay discharge eg. if the patient lives alone or is a carer and would need help to 'shield'
- Not planned for HDU / ITU post-operatively (level 2 or 3 care)
- No diarrhoea/ vomiting within last 48 hours
- Not requiring Obstetric Care
- No current unstable mental health condition or receiving mental health treatment
- No patients under the age of 16 years requiring overnight stay on the ward
- No patient currently undergoing chemotherapy or radiotherapy
- No recent hospital admissions over the past 2 weeks leading up to the date of operation
- Not a resident in nursing home/residential home or care home
- Not a healthcare worker with any healthcare contact in the previous 4 weeks. Must have shielded for 14 days with a negative COVID 19 swab 72 hours prior to admission.

Clinical Exclusion Criteria

The following patients are unsuitable for surgery at Pinehill Hospital:

- Unstable ASA III and above for general anaesthetic / sedation
- Poorly controlled hypertension (BP must be less than 180/110 mmHg in clinic or > 160/100 by GP in last 12 months)
- Chronic stage 3 or 4 kidney disease
- MI or unstable angina in the last 6 months
- Coronary artery stenting in last 12 months
- TIA (transient ischaemic attack) within the last 6 months
- CVA within last 9 months
- BMI ≥ 40 kg/m². (All patients with a BMI of over 35 kg/m² will need Anaesthetic / MDT risk assessment before decision to list)
- Unstable Diabetes with HbA1c >69 mmol/mol (All diabetic patients must be discussed prior to listing)
- Some Cardiac Device Patients (will need Anaesthetic / MDT risk assessment before decision to list).
- Some patients using CPAP or NIPPV (will need Anaesthetic / MDT risk assessment before decision to list).

If you have any doubt regarding the suitability of your patient to have surgery, please discuss with POA.